



# **APPUP COLLEGE MENTORSHIP PROGRAM OFFICIAL INFORMATION HANDBOOK**

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# We Believe

**College is the most significant and complicated decision a high school student has to make.**

**AppUP gathers, trains, and connects a community of dedicated University of Chicago mentors with high school students for homework assistance, ACT prep, and the college application process.**

# Mission

**AppUP's mission is:**

**1**

Inspire high school students to aim for their full potential through one-on-one tutoring and mentorship sessions.

**2**

Build a community of university students who have the same interests in supporting younger students in getting into college

# Weekly Commitment

## Weekdays

Mentorship Session 2 hour\*

Homework/Prep for mentor and mentee 0-2 hours

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**Total 2-4 hours**

## Weekends

Mentor-only Reflection Session 1 hour

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**Total 1 hour**

### Total Commitment

3-5 hours

\*transportation time included  
(we provide transportation  
from and to the site)

# Program Overview

## Mentorship Sessions



### **Group Workshop**

- Guest speakers
- Presentation + Smaller Group



### **One-on-One**

- In-depth essay help
- College access and test preparation
- 2-way relationship

## Reflection Sessions



### **Training**

- Up-front training sessions
- Weekly session preparation



### **Reflection**

- Weekly sharing session
- Required feedback to committee

# What's in it for you

**Want  
to develop a  
relationship with  
high school students of  
different backgrounds?**

**We offer a year-long guided  
opportunity for you to get  
to connect and bond  
with high school  
students.**

**Want  
to develop a  
relationship with other  
UChicago students just as  
passionate about community  
service?**

**We hold weekly committee  
meetings where you get to  
share your experiences with  
a few other students, in  
a totally supportive  
environment!**

**Want  
to learn about  
Hyde Park beyond the  
rumors?**

**We go to a few sites in the  
Hyde Park Neighborhood to serve  
high school students, which is a  
great chance to learn about the  
history of Hyde Park where  
we live in for 4 years,  
both the good and  
the bad.**

# Programming - Spring Quarter

## Overview to College

We want to educate to mentees the value of college and different types of college.

## Pick List of College

Mentees will be able to make a list of reach, match, safety schools and plan their future classes and activities.

## Summer plans

Mentors and mentees will explore together options for summer, such as getting a job/service opportunity, and getting a headstart on essay-writing.

Summer



# Programming - Fall Quarter

## **Application Season**

This part is designed for seniors in the heat of applications and deadlines. Based on different deadlines, mentors will work with mentees on applications for their colleges of interest.

## **Early Action, Early Decision Deadlines**

## **Financial Aid, FAFSA, and Scholarships**

Since money is often the biggest concern for students, we want to bring students on an UChicago tour and connect them with the Financial Aid Office. In Winter, we plan to host a parents night for FAFSA.

# Get Involved

**We will recruit 1 or 2 times throughout the academic year**

**The application process:**

**1. Come to our Info Sessions**

**[APPUP.UCHICAGO.EDU/INFO.HTML](http://APPUP.UCHICAGO.EDU/INFO.HTML)**

**2. Fill out our short application**

**[APPUP.UCHICAGO.EDU/APPLICATIONS.HTML](http://APPUP.UCHICAGO.EDU/APPLICATIONS.HTML)**

**3. Talk with us for 30 minutes about your passion**

**4. Email [APPUP@UCHICAGO.EDU](mailto:APPUP@UCHICAGO.EDU) if you have any questions**

**Don't forget to like us on Facebook!**